- Log entries including bearings (if available), course, speed, and depth must be made 1) for each course change, 2) on the hour.
- A fix should be obtained at least hourly, more often near hazards. Danger bearings or proximitity to hazards should be in observations.
- Hourly log entries should contain apparent wind and weather information. Put wave height and tidal state in observations.
- True wind and current should be estimated for each hourly log entry at the next available opportunity.

This form is a course log. Record bearings and fixes on a position log. Record weather observations on a weather log.

Date:	Destination:	Crew:			Recorded by:			
time	depth	observations						
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations		<u>'</u>	'	'		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps _/	/plot) direction	apparent wind speed		
time	depth	observations		<u>'</u>	<u>'</u>	<u>'</u>		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations		1				
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations						
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps/	/plot) direction	apparent wind speed		
time	depth	observations		<u> </u>		<u> </u>		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations						
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations		<u> </u>	<u>'</u>	<u>'</u>		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps _/	/plot) direction	apparent wind speed		
time	depth	observations		<u>'</u>	·	·		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps _/	/plot) direction	apparent wind speed		
time	depth	observations		,		,		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations		<u>'</u>	'	'		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		
time	depth	observations	<u>'</u>	'	'	,		
objective	course steered	CMG (gps/plot)	knotlog	speed SOG (gps,	/plot) direction	apparent wind speed		